



# Go4Fun Online

A free healthy lifestyle program for children aged 7 to 13 and their families.

Spend quality time together and learn fun ways to create healthy habits – for life.

- 10 weekly online sessions
- Phone coaching with a health professional
- Resources and prizes
- Email and text support



Call 1800 780 900

or SMS 0409 745 645 for a call back



Register now

[go4fun.com.au/online/](https://go4fun.com.au/online/)



Go4Fun  
Online

